

AUGUST 2011

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
1 FRUIT AMBROSIA CHICKEN SALAD COLD PLATE WHITE AMISH BEAN SALAD COLE SLAW LETTUCE & TOMATO APPLE PIE 1% MILK	2 GRAPE JUICE BEEF NOODLE BAKE TOSSED SALAD RANCH DRESSING WHOLE WHEAT BREAD FRESH PEARS 1% MILK	3 FRUIT PUNCH BRATWURST HOT DOG ROLL GREEN BEANS SAUERKRAUT APRICOTS 1% MILK	4 PINEAPPLE JUICE SPLIT PEA SOUP SMOKED HAM & CHEESE SANDWICH & RYE BREAD LETTUCE & TOMATO COPPER PENNIES PEARS IN GELATIN 1% MILK	5 TOSSED SALAD RANCH DRESSING BBQ CHICKEN QUARTERS MASHED POTATOES GREEN BEANS WHOLE WHEAT ROLL FRUIT COCKTAIL 1% MILK
8 TROPICAL FRUIT CUP HAMBURGER W/CHEESE HAMBURGER ROLL POTATO SALAD CARROTS PEARS IN GELATIN 1% MILK	9 TOMATO JUICE CHICKEN BREAST W/MUSHROOM GRAVY BROWN RICE SUMMER BLEND VEGGIES WHITE BREAD CINNAMON APPLES 1% MILK	10 CRANBERRY JUICE HOT SLICED TURKEY OPEN FACED ON WHITE BREAD CUT SWEET POTATOES GREEN BEANS FRUIT COCKTAIL 1% MILK	11 SOUTHWESTERN 3 BEAN SALAD APPLE JUICE HOT ROAST BEEF W/GRAVY ON WHOLE WHEAT BREAD RICE ZUCCHINI & TOMATOES PINEAPPLE TIDBITS IN JELLO 1% MILK	12 NAVY BEAN SOUP TUNA SALAD COLD PLATE LETTUCE & TOMATO SLICES SALTINE CRACKERS FRESH FRUIT 1% MILK
15 GRAPE JUICE BAKED HAM IN PINEAPPLE SAUCE RYE BREAD SLICED CARROTS AU GRATIN POTATOES FRUIT AMBROSIA 1% MILK	16 PINEAPPLE JUICE CHICKEN TERIYAKI NUGGETS MIXED VEGETABLES RICE PEACHES WHEAT BREAD AMISH WHITE BEAN SALAD 1% MILK	17 MARINATED CUCUMBER, TOMATO & ONION SALAD COLD CUT SUB PROVOLONE CHEESE LETTUCE & TOMATO APPLE JUICE FRESH FRUIT 1% MILK	18 HOT SPICED APPLE SAUCE CRAB CAKE MACARONI & CHEESE SLICED TOMATOES WATERMELON WEDGE CHOCOLATE CAKE 1% MILK	19 BEEF VEGETABLE SOUP APPLE JUICE CHICKEN SALAD COLD PLATE MARINATED GREEN BEAN SALAD MULTIGRAIN DINNER ROLL PEARS 1% MILK
22 PINEAPPLE JUICE BBQ BEEF ON A ROLL SPINACH SCALLOPED POTATOES TROPICAL FRUIT 1% MILK	23 FRUIT PUNCH CHICKEN TACO MEAT SHREDDED LETTUCE CHOPPED TOMATO SHREDDED CHEESE REFRIED BEANS FRESH FRUIT 1% MILK	24 ROSEY APPLE SAUCE MEATLOAF W/GRAVY MASHED POTATOES GREEN BEANS WHOLE WHEAT BREAD MELON CUP 1% MILK	25 GRAPE JUICE BAKED CHICKEN BREAST W/GRAVY MIXED VEGETABLES BROWN RICE WHEAT BREAD BLUEBERRY/PEAR CRISP 1% MILK	26 MULTI BEAN SOUP APPLE JUICE COTTAGE CHEESE COLD PLATE HARD BOILED EGG SLICED PEACHES & PEARS PINEAPPLE RING LETTUCE & TOMATO 1% MILK
29 CRANBERRY JUICE 1/4 LB BEEF HOT DOG COLE SLAW BAKED BEANS PEACH PARFAIT 1% MILK	30 ORANGE JUICE CHICKEN STEW W/PEAS AND CARROTS RICE WHEAT BREAD ROSEY APPLE SAUCE 1% MILK	31 PINEAPPLE JUICE HOT ROAST BEEF W/GRAVY MASHED POTATOES SUMMER BLEND VEGETABLES WHOLE WHEAT BREAD FRESH FRUIT 1% MILK	<p>TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE, CONTACT YOUR MEAL MANAGER.</p> <p>EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER MEAL HELPS MAKE MORE MEALS POSSIBLE.</p> <p>MENUS ARE SUBJECT TO CHANGE</p>	